



Include
Everyone!

EVIDENCE

case no. 2022

What is this case file about?

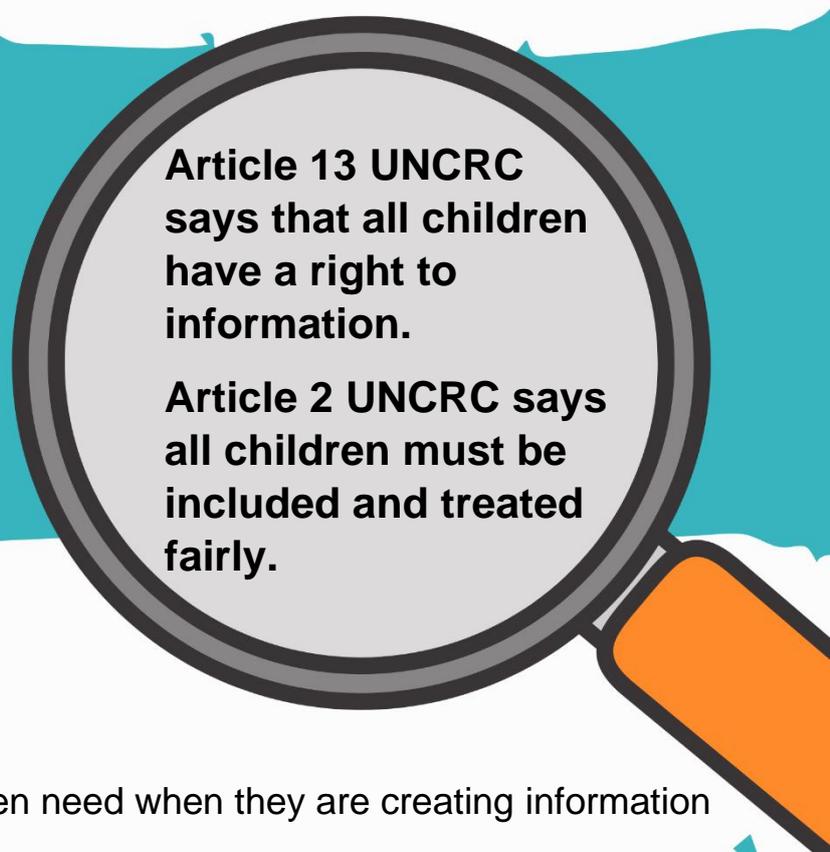
Some children find it harder to have their views heard. This might be because they are younger, disabled, speak another language or another reason. It's sometimes difficult for them to find information that they understand.

It's important that *all children* can access information and opportunities. This means having adults who know how to support children's needs. It might also mean using easy words, British Sign Language, braille or interpreters.

Why is it important to include everyone?

No child should be left out because of who they are. Adults should make sure all children are included.

"If a child can't speak English, they won't be able to speak up about their worry or complaint"



Article 13 UNCRC
says that all children
have a right to
information.

Article 2 UNCRC says
all children must be
included and treated
fairly.

What should adults do?

Adults should always think about what children need when they are creating information and activities. They should:

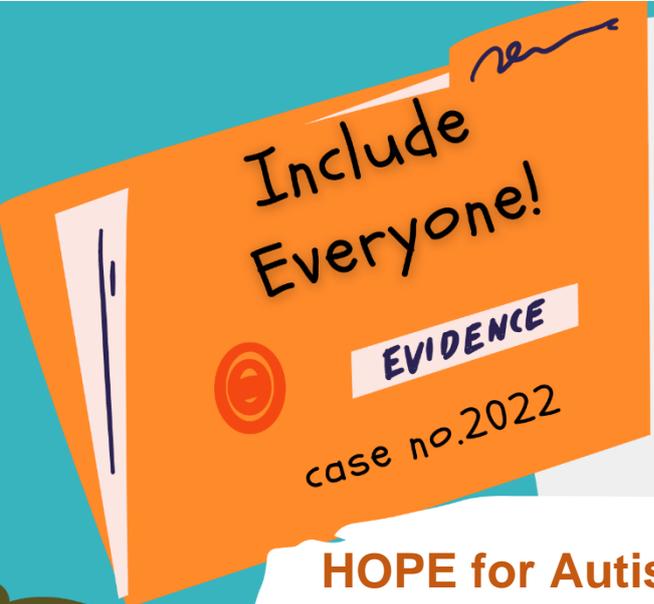
- Get training on how to share ideas in ways that all children can understand.
- Be open to different ways that children communicate. If a child doesn't understand what you're saying then try a different way, don't just repeat the same thing in the same way.

"Find different ways to express and communicate."

- Think about what you need to do to include all children from the very beginning of a project.

"Government could put more things in place for people with support needs/accessibility needs."

- Put money aside for interpreters or other things children might need.
- Make sure information is easy for children to find. Examples of this could be using Tik Tok, Facebook, Instagram and Snapchat, surveys, and videos depending on age.



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What's happening across Scotland?

Lots of organisations are trying to get better at how they include all children.

Have a look below to check out the evidence!

EVIDENCE #1

HOPE for Autism

HOPE for Autism is training staff on how to use Makaton and Talking Mats with autistic children. Makaton is a type of language that uses symbols, signs and words. Talking Mats uses a mat with symbols. These can make it easier for autistic children to express what they think and feel.

[Find out more about HOPE for Autism's work here.](#)

EVIDENCE #2

Children's Health Scotland

Children's Health Scotland uses drawing and other creative activities to help children with long-term illnesses to share their thoughts, feelings, worries and get help.

[Learn more about Children's Health Scotland's work here.](#)

EVIDENCE #3

Starcatchers

Starcatchers is helping adults understand what babies and very young children want.

[Find out more about the Wee People, Big Feelings project here](#) and [learn more about Sprog Rock here.](#)

What do you think?

We want to know what you think. This will help our next investigation!

- Do you have any ideas for how things should change?
- Are there any examples you want to share?

Let us know by emailing: info@togetherscotland.org.uk

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