

Salvesen Mindroom Centre Young People Stakeholder Group

Are you aged **16-25**?

Are you **neurodivergent**?

Do you live in **Scotland**?

Would you like to help to **make a difference** to the lives of **neurodivergent** young people?

Then **Salvesen Mindroom Centre** could use your help!

What is neurodiversity?

Neurodiversity means that we are all different in how we think, feel and learn because our brains process information differently. Every brain in the world is different but most brains process information in a similar way.

What does neurodivergent mean?

Being neurodivergent means that your brain processes information in a way that is not typical of the majority. It might mean that you are autistic, dyslexia, ADHD, DCD, Tourette's or another similar condition.

How can you help us?

- We need you to guide and help us to work in a way that will make the most difference in the lives of all children and young people who are neurodivergent.
- We would like you to join a diverse group of young people that we can consult about how to deliver and develop our services.
- You don't need to have a formal diagnosis or receive support from us to be a part of this group.
- The group meets on a voluntary basis online on the first Wednesday of every month from 6pm – 7.30pm.



What you will get:

- Full training and support.
- The chance to influence the work of a national charity.
- The chance to help develop new services and resources for neurodivergent young people.
- Opportunity to contribute to decision making about how the group works and what it does.

What we will need from you:

- A commitment to meet with the rest of the group through monthly online meetings.
- An openness to share your insights and experience at a level you're comfortable with.
- A respect for Salvesen Mindroom Centre's core values and other people's opinions.
- Your passion for making a difference!

If you would like to be part of this group we would love to hear from you. You can get in touch to find out more information or let us know why you think you would be suited to our group. You could send an email, give us call or text, send us a video, or a voice note! Be as creative as you wish!



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