

# Supporting your child to share their story!

## About us

Our name is Together (Scottish Alliance for Children's Rights).

We are a charity who work to make sure that the **human rights of babies, children and young people are protected.**

We want adults to understand and follow the UN Convention on the Rights of the Child.



## What is this leaflet about?

This leaflet is for **parents and carers** who are supporting their child to take part in research for our **State of Children's Rights Report 2024.**

We write this report every year to see how well Scotland is doing at protecting children's rights. Our report also looks at what more is needed to make sure that every child grows up happy, healthy and safe.

We are gathering stories from babies, children and young people to help us write our 2024 report. We want to hear about what life is like for them, the things that are important to them and about the challenges they face.

We will share the report with the **Scottish Government, local councils, schools, police and other stakeholders.** It will give them a picture of what things are like for babies, children and young people in Scotland and what change needs to happen to improve their lives. We want to make sure that the government and other adults understand how the decisions they make can affect children's lives.

# Supporting your child to take part

By supporting your child to share their story, you will be helping us to paint a picture of what life is like for babies, children and young people across Scotland.

You will help us discover if there are things that the Scottish Government and other adults should be doing to make things better for babies, children, young people and their families.

We want children and young people to feel supported when sharing their story and to know that the power is in **their** hands - they decide what to share and how. Stories can be in lots of formats (written, artwork, audio and more!) and sent to us in lots of different ways.

We have produced a **range of resources** to support children and young people to take part. This includes a pack for adults, with lots of activity ideas to help prompt discussion.



## Access the resources!

Scan the **QR Code** to find out more about the project, how to submit stories and to access the resources for children, young people and supporting adults.

If your child is under 16 then we will need you to complete a **consent form** to say that you are happy for them to take part and how their story can be used.



Your support will help us make sure that babies', children and young people's rights are protected and respected in Scotland.

